

ACTICARBINE coated tablet

Activated plant charcoal plus papaverine (hydrochloride)

Read all of this leaflet carefully before you start taking this medicine. It contains important information on your treatment.

If you have any further questions, in doubt, ask your doctor or pharmacist.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If your symptoms get worse or persist, tell your doctor.
- If any of the side effects gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

1. WHAT ACTICARBINE tablet, IS AND WHAT IT IS USED FOR ?

Intestinal adsorbent, antispasmodic (A: alimentary tract and metabolism)

This medicine is indicated in adults for the treatment of difficult digestion, particularly with intestinal distension.

2. BEFORE YOU TAKE ACTICARBINE tablet

Do not take ACTICARBINE tablet

- if you are allergic to any of the ingredients.

IN GENERAL, this medicine is not to be taken during pregnancy unless your doctor prescribes otherwise.

IF IN DOUBT, ASK YOUR DOCTOR OR PHARMACIST FOR ADVICE.

Take special care with ACTICARBINE tablet

Precautions for use

- In the event of abdominal distension and flatulence, avoid dried legumes (lentils, kidney beans, peas, etc.) and certain green vegetables (cabbage, Brussels sprouts, beetroot, etc.)
- In the event of concomitant diarrhea, it is necessary:
 - to ensure rehydration with abundant salty or sweetened beverages in order to offset the fluid loss due to the diarrhea (the mean average water ration for an adult is 2 liters)
 - to continue eating during the diarrhea,
 - excluding certain foods and, in particular, raw vegetables, fruit, green vegetables, spicy dishes and chilled foods or beverages
 - with a preference for grilled meat and rice.

IF IN DOUBT, DO NOT HESITATE TO ASK YOUR DOCTOR OR PHARMACIST FOR ADVICE.

Taking or using other medicines

This medicine may decrease the absorption of other medicines. The latter are to be administered remotely (more than 2 hours if possible).

IN ORDER TO PREVENT POTENTIAL HARMFUL INTERACTIONS BETWEEN SEVERAL MEDICINES, TELL YOUR DOCTOR OR PHARMACIST ABOUT ANY OTHER ONGOING TREATMENT.

Pregnancy

Unless otherwise prescribed by your doctor, use of this medicine is not advised during pregnancy.

If you discover that you are pregnant during treatment, consult your doctor rapidly. Only your doctor can adjust the treatment to your condition.

Breast-feeding

This medicine may be taken during breast-feeding. Generally speaking, in the event of pregnancy or breast-feeding, always ask your doctor or pharmacist for advice before you use a medicine.

Driving and using machines

Attention, particularly that of drivers and machine users, is drawn to the risk of drowsiness due to the presence of papaverine.

3. HOW TO TAKE ACTICARBINE tablet

Dosage : for adults only

1 or 2 tablets before the 3 meals to be swallowed whole with a glass of water.

Method and route of administration : Oral route.

if you take more ACTICARBINE, coated tablet, than you should

In the event of overdose, papaverine, one of the active substances in this medicine, may induce nausea, vomiting, weakness, central nervous system depression, double vision, abundant sweating, redness of the face, dry mouth, dizziness and sinus tachycardia.

4. POSSIBLE SIDE EFFECTS

Like all medicines, ACTICARBINE tablet, can cause side effects, although not everybody gets them:

- a darker color of the stools may develop.
- if any of the side effects gets serious, or if you notice any side effect not listed in this leaflet, please tell your doctor or pharmacist.

5. HOW TO STORE ACTICARBINE tablet

Keep out of the reach and sight of children.

Do not use ACTICARBINE tablet, after the expiry date which is stated on the box.

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATIONS

Active substances : per one tablet

Activated plant charcoal : 70 mg

Papaverine hydrochloride : 14 mg.

Other ingredients : alginate acid, sucrose, maize starch, liquid glucose, polyethylene glycol 6000, magnesium stearate, bleached shellac, talc, acacia, titanium dioxide, carnauba wax.

This medicine is supplied in the form of coated tablets. Boxes of 42 or 84 tablets.

Holder / Operator / Manufacturer : Laboratoires ELERTE

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This leaflet was last approved on june, 24 of 2011.

Detailed information on this medicine is available on ansm.sante.fr.